

#EdamameChamp

全米エダマメ選手権



Don't drag!
Pick up & move!

Pick up edamame with chopsticks and make a circle with 5 edamame in the designated space. If you finish making five circles, keep making circles in the white space.

CHALLENGER NAME:

STATE/CITY

CATEGORY

SCORE

- Learner
 Expert

*Expert = Grew up using chopsticks **Learner = Did not use chopsticks growing up

HOW MANY EDAMAME CAN YOU PICK UP in 1 MIN?

- 1 Place edamame below this line
- 2 Set for 1 min timer
- 3 Pick up & move edamame with chopsticks

01:00



Take a photo of this sheet after your challenge to share your score!

SHARE YOUR SCORE!

Share your photo/movie with #EdamameChamp #Score and tag us!

LEARN!

Visit our website to learn about soy and healthy eating through Japanese cuisine!

DONATE!

Text "EDAMAME" to 443-21 to support food education if you enjoyed!



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